

WHAT IS CLAIMED IS:

1. A method for moderating lower and upper back pain in a patient comprising non-invasively and concurrently stimulating the group of stimulation points surrounding K1 and FHA acupuncture points.
2. The method of claim 1, wherein the non-invasively stimulating comprises at least a set of non-invasive electrical stimulation.
3. A method of moderating lower and upper back pain in a patient; said method comprising:
mounting a non-invasive stimulation device onto the group of stimulation points surrounding K1 and FHA acupuncture points; and stimulating the group of stimulation points surrounding K1 and FHA acupuncture points.
4. The method of claim 3, wherein the stimulating comprises at least a pair of electrical stimulation.
5. A method of moderating lower and upper back pain in a patient comprising the steps of:
mounting at least two electrodes with each electrode onto each group of stimulation points surrounding K1 and FHA acupuncture points;
generating a stimulation signal; and
delivering the stimulation signal to the each at least one pair of electrode to stimulate the group of stimulation points surrounding K1 and FHA acupuncture

1 points.

2 6. A method of moderating lower and upper back pain in a patient with abnormal
3 lower or upper back pain; said method comprising:
4 mounting a non-invasive stimulation device onto the group of stimulation points
5 surrounding K1 and FHA acupuncture points;
6 generating a stimulation signal; and
7 stimulating the group of stimulation points surrounding K1 and FHA acupuncture
8 points.

9 7. The method of claim 6, wherein the mounting step comprises:

10 providing a multiple electrode carrying insole, housed in a shoe-like device,
11 carrying the at least two electrodes and a circuit for generating the stimulation
12 signal; and

13 providing securing means for mounting the at least two electrodes on the said
14 insole near the group of stimulation points surrounding K1 and FHA acupuncture
15 points.

16 8. The method of claim 7, wherein said delivering step comprises delivering an
17 intermittent stimulation signal.

18 9. The method of claim 7, wherein said delivering step comprises delivering a
19 continuous stimulation signal.